## Starbeck Baths pool programme From Monday 8th April 2024

Swim England Water Wellbeing Accredited

2	7.30 8 am	8.30	9 9.3	0 10	10.30	11 11	.30 1: no	2 12.30 on	1	1.30	2 2	2.30	3	3.30 4	4.30	5	5.3	06	5	6. <b>30</b>	7	7.30	8	8.30	9	9.30 pm
Monday	Lane swim 7.30 - 8am		<b>General swim</b> 8 - <u>9</u> .30am		Adult lessons 9.30 - 11am		Aquababes 11am - 12noon		eral swir 5 - 1.30pr		Private swim 1.50 - 2.20pm	<b>wim</b> 1.50 -		<b>dult swim</b> 40 - 3.55pm	Learn to Swim 4 - 6.30pm						<b>neral swim</b> 30 - 8pm					
Tuesday	Lane swim 7.30 - 8am	<b>General s</b> v 8 - <u>9</u> .30a		<b>School swim</b> 9.45 - 10.45am		11a	Aquababes 11am - 12noon		a <b>fit</b> D - pm	School swim 1 - 2.30pm			<b>Adult swim</b> 2.45 - 3.55pm		Learn to Swim 4 - 6pm			General swim 6 - 7pm			Adult swim 7 - 8pm					
Wednessday	Lane swim 7.30 - 8am	<b>General s</b> v 8 - <u>9</u> .30a		<b>Learn to Swim</b> 9.30 - 11am		11.05	Aquafit Adult swim   11.05 - 11.50am -   11.50am 12.45pm			<b>School swim</b> 12.45 - 2.45pm				Adult swim 3 - 4pm	<b>Learn to Swim</b> 4 - 6pm			General swim 6 - 7pm			Adult swim - 8pm					
Thursday	Lane swim 7.30 - 8am		<b>General swim</b> 8 - 10am			11a	Staff training 11am - 12noon		a <b>fit</b> D - pm		i <b>eral</b> ' <b>im</b> 30pm			<b>ult swim</b> 30 - 4pm			<b>to Swim</b> 6pm			<b>Aquafit</b> 6.15 - 7pm		ieneral swim - 8pm				
Friday	Lane swim 7.30 - 8am	General swim 8 - gam	swim Private hire sv				Adi swi 11.303 12.30	im am -	eneral sv 12.30 - 1.30pm					<b>ult swim</b> 30 - 4pm	Learn to Swim 4 - 6.30pm							eneral swim 5.30 - 8pm				
Saturday						sw/m		<b>mily swim</b> 2 - 3pm		Adult swim 3 - 4pm			:	<b>Staff training</b> 5 - 7pm												
Sunday				ult swim SEN session - 10am 10 - 11am		n <sub>11a</sub>	Family swim 11am - 12noon		/im	General swim 1 - 2pm		Family swim 2 - 3pm		Adult swim 3 - 4pm												
	1 1 7.30 8 am : to chang		9 9.3 dmission				1 1 .30 1: no nhamsac	on		ا <b>1.30</b> alinfo *S		1 2.30 on is a 1	ו <b>3</b> new	3.30 4			י <b>5.3</b> of child			<b>6.30</b> .6, with S		<b>7.30</b> l Educa	ہ 8 ational	<b>8.30</b> Needs.	9	9.30 pm

www.brimhamsactive.co.uk/starbeckbaths



