



## Consent Form

Child's Name: \_\_\_\_\_ D.O.B \_\_\_\_\_

Membership No: \_\_\_\_\_

### EXERCISE AND EQUIPMENT

I, \_\_\_\_\_ will adhere to the exercises and equipment shown by the fitness Instructor during my induction and will seek advice from a fitness instructor should I wish to be shown additional exercises and or equipment within the fitness suite.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

### BEHAVIOUR POLICY

1. Other than personal belongings needed for your workout, we ask that all personal items are stored in the lockers in the changing rooms.
2. At busy times we ask that you be courteous to other Gym users and limit your time on each piece of equipment
3. In line with our Photography policy we request that Photographs are not taken in the facility without prior approval
4. To ensure all users have an enjoyable experience we ask all members to be courteous to each other and refrain from using offensive language and behavior whilst in the Gym.
5. Please leave the equipment as you would expect to find it, wiped down and returned to its storage area.
6. For your safety please ensure that you wear appropriate clothing and footwear when using the gym.
7. Only pin loaded resistance machine and free weight up to 14kg to be used when exercising.
8. Junior Members are only permitted to use the Gym until 6.30pm.

Brimhams Active reserves the right to refuse entry or suspend memberships following any breaches of the above behavior policy.

### CONSENT BY PARENT / GUARDIAN (JUNIOR MEMBERSHIPS ONLY)

I, \_\_\_\_\_ give consent for \_\_\_\_\_ to use Brimhams fitness centres  
Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

For more information on privacy and how we use your data please take a look at our privacy notice at [www.brimhamsactive.co.uk/privacy](http://www.brimhamsactive.co.uk/privacy) [www.harrogate.gov.uk/privacynotice](http://www.harrogate.gov.uk/privacynotice).